



2019 / 2020

Welcome. Aanii. **Bonjour.**

Preparation Guide
International Students



LaurentianUniversity
Université **Laurentienne**



600+
international
students from
68 countries

Welcome!

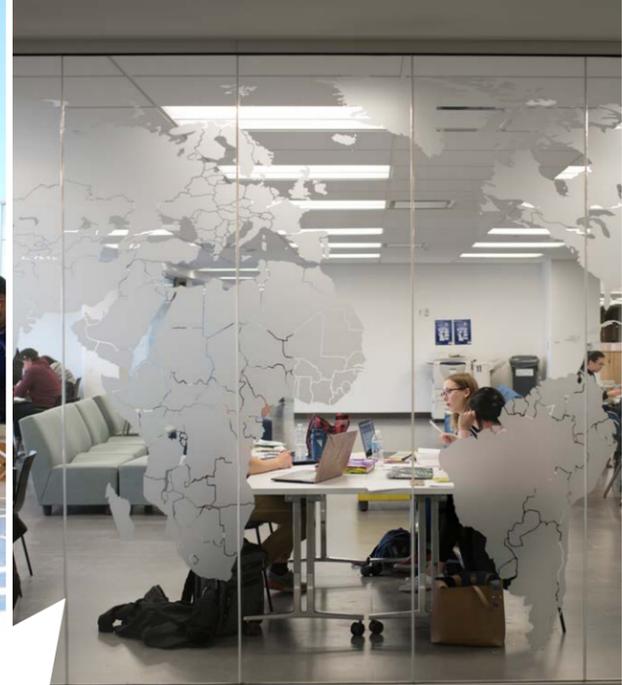
Laurentian University is a true microcosm of Canada's spirit: open, welcoming, bilingual, multicultural, strong, northern and proud.

Your university experience will be enriched by all these aspects where you can develop new friendships, meet welcoming staff and faculty, language classes, international activities, conferences, events and celebrations.

We look forward to meeting you!

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Safe Travels!

See you soon.



Travelling to **Greater Sudbury, Ontario**

Before boarding your plane, make sure that you have all your necessary documents for entry into Canada and keep these documents accessible to you during travel (not in your checked baggage):

- ✓ A valid passport.
- ✓ A Temporary Resident Visa (or electronic Travel Authorization (eTA) if applicable).
- ✓ The letter of introduction that you received from the visa office when your study permit was approved.
- ✓ An air ticket with a final destination of Sudbury (YSB on your ticket).
- ✓ Health certification (only if required by the Canadian Embassy in your country).
- ✓ Proof that you have enough money to pay for your tuition fees, your accommodations, and living expenses.

Once you land at the Toronto Pearson International Airport in Toronto, Ontario, arrange your travel for a final arrival destination of Greater Sudbury, Ontario (YSB on your ticket). If you can only book a ticket for Toronto Pearson Airport (YYZ), you can get to Sudbury with the following options:

Purchase a flight ticket to Greater Sudbury, Ontario at the **Air Canada counter upon arrival** at **Toronto Pearson International Airport** and then arrange for Student Airport Pick-Up.
***See pick-up info below.**

or

Purchase a ticket to travel by bus to Greater Sudbury, Ontario via **Greyhound** or **Northland** bus.
***This is a 4 to 5 hour bus ride.**

Student Airport **Pick-Up**

Laurentian University is pleased to offer a free airport pick up service at the Sudbury Airport during the move-in dates and during Orientation Week. To access this service, you must give us your arrival details at least **48 hours prior to your arrival** by sending the completed information to the international email at international@laurentian.ca.

We require the following information:

- Student Name
- Student Number or I.D.
- Flight Number
- Date of Arrival
- Time of Arrival
- Destination (For example: Residences on campus or a hotel)

**Please notify us if your travel plans change. If you miss your connecting flight or are delayed for any reason, please advise us so that we can re-arrange your airport pick-up time + 1 705 675 1151 ext. 1554 or 3706. For urgent matters, email international@laurentian.ca*



Arriving to **Canada**

When you first arrive to Canada many things about life in North America may seem strange to you. Our Orientation Program has been designed to provide new international students with information and guidance regarding various matters. For students starting during the Fall semester, a copy of the Orientation Week Schedule will be available on your Applicant Portal, on the myLaurentian Portal and on the [Laurentian International Facebook page](#). This is a great way to meet new students!

Orientation activities may include:

- o President's Welcome
- o Campus tour of Laurentian University
- o Information sessions and social activities
- o Help with opening a bank account, shopping and getting a cell phone
- o Health Insurance (UHIP) registration

University Health Insurance Plan (UHIP)

UHIP is mandatory for all international students attending Ontario universities. The cost is \$53* per month or \$636* for the full year (costs are subject to change). The earliest this health insurance can start is the 10th day of the month prior to the beginning of your classes. For example, if a student is beginning their studies in September, UHIP can start no earlier than August 10th. The UHIP registration will be done during the International Orientation. If you are unable to make it to the International Orientation, please visit Laurentian International Student Service Office to register for your health insurance coverage.

- o To find out more about UHIP coverage, visit [UHIP.ca](#)
- o Instructions on how to print the UHIP coverage card will be provided during orientation.
- o Any dependents (spouse and/or children) who will be living with you in Canada should also be enrolled.
- o We strongly recommend that you purchase extra travel medical insurance before you leave your home country.

**Students also have an extended health insurance offered through their student associations (AEF, SGA or GSA). This insurance is for prescription medication, dental care, vision care as well as some other professional services such as physiotherapy. Students can choose the extended health insurance. To do this, please contact your student association.*

Our office will be enrolling students during Orientation. Should you not be able to attend Orientation, contact our office at international@laurentian.ca or call 001 705 675 1151 x1554 or x3706 to acquire UHIP



Get Social

The International Student Activity Program (ISAP) committee organizes special outings, events and activities for international students throughout the year. Some activities for example are skiing and hiking trips, weekend trips to other Canadian cities like Niagara Falls, Toronto, Ottawa and Montreal. Information regarding these events will be sent to your Laurentian email and posted on the [Laurentian International Facebook page](#).

Stay Safe

Keep Me Safe is your International Student Support Program.

They offer help when you need it most – from everyday problems to serious issues and anything in-between.

- o Get immediate help night or day
- o Talk to someone in your own language
- o Choose from 200+ languages
- o Private and confidential
- o Call, chat, email
- o FREE for Laurentian Students



Keep me safe telephone
+1 844 451 9700

Website
keepmesafe.org



Your home away from home.



Living in **Greater Sudbury, Ontario**

On Campus Residences

Students apply for on-campus residences on the applicant portal. The residence application should be submitted before the application deadline. Information about Laurentian University residences can be found at following [link](#).

Students can also contact the Residence Office:
+1 705 675 1151 ext. 4814
or by email at residences@laurentian.ca.

Note: Students living in a Laurentian University residence (West, East, SSR or UC) are required to purchase a meal plan. There is the option to stay at one of the federated university residences (On-Campus). Free wifi is not provided with the federated universities.

For more information about the federated universities residences, please contact them:

University of Sudbury **+1 705 673 5661**
Huntington University **+1 705 673 4126**
Thorneloe University **+1 705 673 1730**

Renting an Apartment

Apartments in Sudbury are usually available with 1, 2, or 3 bedrooms. The cost for apartments in Sudbury is approximately between \$550 and \$1000 CDN per month, which may or may not include utilities (electricity, water, heat, etc.) and usually does not include internet (wifi).

This might be a suitable arrangement for someone who is planning to study for a period longer than eight months since many apartments require you to stay for one year. Because this option cannot be pre-arranged, you should be prepared to spend the first few days in a hotel or temporary housing.

Check out things to do in Sudbury, ON
discoversudbury.ca

Off-Campus Housing

Private dormitory-style student housing in the city:

Suite Times

A boutique style private student residence with all the amenities of home offers newly renovated rooms and a convenient location in downtown Sudbury.

\$550 to \$850 per month
+1 705 562 7368
suitetimes.ca

Sitiri

Accommodating up to 70 students, this private student residence at 50 Lisgar Street is located across the street from the city's main bus terminal, students can enjoy the convenience of being just one direct bus route from anywhere in the city.

\$415 to \$650 per month
+1 705 673 3000
johnh@luxormangement.ca

The following links have information on apartments for rent in the Greater Sudbury area:

www.kijiji.ca

www.thesudburystar.com

www.northernlife.ca

<https://my.laurentian.ca/>

(Visit the LUjiji section on the myLaurentian Student Portal.)

Estimated Cost of Studying at Laurentian University

(per academic year September - April)



Find out more about tuition fees [here](#).

How to pay your tuition fees

Flywire is the preferred method of payment for international payments.

Make a payment [here](#).

Housing & other fees while studying at Laurentian University

(per academic year September - April)



The mandatory meal plan only applies to students living in Laurentian University's residences: East Residence, West Residence, University College, Single Student Residence and Mature Student Residences. Get more details [here](#).

The transit pass is only provided from September to April for full-time students: your student card acts as your bus pass. This service is provided by the student associations. For spring and summer sessions, a monthly bus pass can be purchased at the main bus station for approximately \$82 per month.

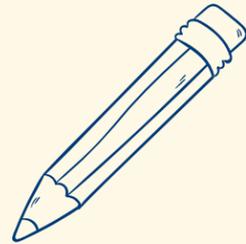
These fees are **estimates** provided to help you with your budget. These fees are subject to change without prior notice.

Any extended health benefits and bus pass offered by your student association only start in the fall sessions. Students who start in the winter or spring sessions should see their student association about opting in for these benefits.

(CHECK) LIST

Before you leave your home country...

- Accept your offer.
See your [Applicant Portal](#) for further instructions.
- Pay \$1000 tuition deposit. Make a payment [here](#).
[Flywire](#) is the recommended method of payment for international payments.
- Make sure you have all the documents you need to enter Canada.
View a list of what you need [here](#).
- Find a place to live. Refer to page 9.
- Book your plane ticket.
- Request an airport pick-up for your arrival in Sudbury.
To request a pick-up, email international@laurentian.ca.
- Find a place to live in Sudbury. Confirm your living arrangements with the Residence Office.
- Get to know details about Canada.
Find useful information like the weather, its people, the government and its laws [here](#).
- Check your Laurentian email account every day as this is how we will get in touch with you!

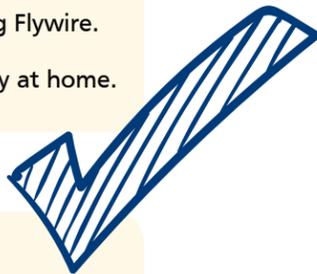


Upon arrival at Laurentian...

- Attend the International Student Orientation.
- Open a Canadian bank account, get a Canadian cell phone or SIM card.
We will help you with this at the International Student Orientation.
- Get your Laurentian student card at the myLaurentian Hub (first floor of the Parker Building).
- Register for your courses.
Contact our academic advisors to get help with registering for your courses academicadvisors@laurentian.ca
- Buy your textbooks in our [Bookstore](#) located on the 2nd floor in Atrium Parker building.
- Verify your student account balance on Webadvisor and pay your tuition fees using Flywire.
- (Optional) [Get an Ontario Photo ID card](#) so that you can leave your passport safely at home.

We suggest you also bring...

- Prescription medication for the first few months of your stay in Canada.
- Necessary travel and emergency medical insurance for your trip.
- Canadian currency to cover your expenses for the first few days in Canada (\$500-\$1000 CDN CASH).
- A credit card. We do not accept credit cards as a method of payment for tuition.
Contact your bank to confirm that your credit card will work in Canada.



Important Links

Laurentian International Website

<https://laurentian.ca/international-student-services>

University Website

<https://laurentian.ca/>

Applicant Portal

<https://connect.laurentian.ca/login?service=https%3A%2F%2Fmy.laurentian.ca%2Fnode%2F20>

myLaurentian Student Portal

<https://connect.laurentian.ca/login?service=https%3A%2F%2Fmy.laurentian.ca%2Fuser%2Flogin%3Fdestination%3Dnode%2F20>

University Health Insurance Plan (UHIP)

<http://uhip.ca/>

Important Dates

<https://laurentian.ca/important-dates>

WebAdvisor

<https://webadvisor.laurentian.ca/WAPROD/WAPROD?TYPE=M&PID=CORE-WBMAIN&TOKENIDX=8781651298>

Desire 2 Learn (D2L)

<https://connect.laurentian.ca/login?service=https%3A%2F%2Fd2l.laurentian.ca%2Fd2l%2Fcustom%2Fcas>

IRCC

<https://www.canada.ca/en/immigration-refugees-citizenship.html>

City of Greater Sudbury

<https://www.greatersudbury.ca/>

See you soon.
Giga-waabamin menawaa.

À bientôt.



LaurentianUniversity
Université**Laurentienne**

Laurentian International

001 705 675 1151 x1554 or x3706

Parker Building, P-210 (2nd Floor)

international@laurentian.ca

laurentian.ca/international-student-services

Click **here** for all other university contacts.



Laurentian International



NEW International Student Support



@GlobalLU



@NewtoLU